

# NEW OR NOTEWORTHY

ACCESSIBLE CLASSICAL CONCERT  
12:30 PM SUNDAY SEPT 15TH AT ABILITIES CENTRE

VOYAGEUR CANOE TOUR  
SUNDAY SEPT 22ND IN PETERBOROUGH

PERCUSSION IMPROV  
6:30 PM MONDAYS FOR 8 WEEKS IN PICKERING

WEEKLY GUIDED TRAIL HIKES  
OCTOBER/NOVEMBER 10 AM SATURDAYS

SPOOKY HALLOWEEN TRAMPOLINE PARTY  
TUESDAY, OCTOBER 29TH SKY ZONE, WHITBY

COOKING WITH FRIENDS  
QUARTERLY IN NOVEMBER DATE TBA - AJAX

ANNUAL MEMBERS' MEETING & HOLIDAY MIXER  
WED. DEC 11TH 11AM-2 PM IN NEWCASTLE

**A SOCIAL CLUB FOR  
ADULTS WITH AUTISM**



AND THE PEOPLE  
WHO LOVE THEM



@AUTISMHOMEBASE

## FALL 2019 SCHEDULE SEPT-DEC

| SUN   | MON  | TUES   | WED   | THURS   | FRI  | SAT   |
|---|--|--|---|---|--|---|
| Art & About<br>2 PM<br><b>Now bi-weekly</b><br>NEW<br>LOCATION<br>in Whitby   | Walk the Dome<br>9 AM weekly<br>starting Sep 17<br>Pickering                           | Independent<br>Adult Meetup<br>6:30 PM<br>1st Tuesday<br>each month<br>location varies | Gym & Swim<br>weekly<br><br>9 - 11 AM<br>in Pickering | Games Group<br>6:30 PM<br>2nd Thursday<br>each month<br>in Courtice                 | Walk the Dome<br>9 AM weekly<br>Pickering                            | Trail Hikes<br>10 AM weekly<br>various<br>locations |
| Games Group<br>2 - 4 PM<br>2nd Sunday<br>each month;<br>and Community<br>Outing<br>4th Sunday<br>each month<br>Peterborough<br>and Area | Percussion<br>Improv<br>6:30 pm weekly<br>for 8 weeks<br>starting Sep 16,<br>Pickering | Guys Night Out<br>6:30 PM<br>3rd Tuesday<br>each month<br>Newcastle                    | <i>and</i><br>12:15 - 2 PM<br>in Newcastle            | Music Madness<br>6:30 PM<br><b>Now bi-weekly</b><br>starting<br>Sep 12<br>Newcastle | 5-Pin Bowling<br>3 PM<br>biweekly<br>starting<br>Sep 13<br>Newcastle | Accessible<br>Swim<br>4 PM weekly<br>in Ajax        |
|   | Moms' Mixers<br>6:30 PM<br>2nd Monday<br>each month<br>location varies                 |  |   | Women's Yoga<br>7 PM<br>3rd Thurs<br>each month<br>Pickering                        |  |   |



AUTISM  
HOME  
BASE

Do you have a program idea for the Winter Calendar?  
email - [info@homebasedurham.com](mailto:info@homebasedurham.com)

Visit [www.homebasedurham.com/calendar](http://www.homebasedurham.com/calendar) for schedule updates  
due to holidays or venue conflicts